



# Media Release

Victoria State Emergency Service

20 December 2018

## Take a Break and Stay Awake this Festive Season

This festive season, members of Victoria State Emergency Service (VICSES) will be out in force, hosting Driver Reviver sites on the Hume Highway and Goulburn Valley Highway to ensure drivers get to their destination safely.

VICSES volunteers will host two Toll Driver Reviver rest stops in North East Victoria in the following locations:

- **Friday, 21 December 2018**  
Goulburn Valley Highway - Wunghnu Rest Area (3pm to 10pm)
- **Saturday, 22 December 2018**  
Hume Highway (Northbound) - Balmattum Rest Area, (9am to 6pm - Sausage Sizzle)
- **Monday, 31 December 2018**  
Hume Highway (Northbound) - Balmattum Rest Area (8am to 2pm)

The national Toll Driver Reviver campaign has been running for more than 20 years, with the aim to reduce road collisions by alleviating driver fatigue.

This initiative offers drivers free refreshments and a safe place to rest.

With an estimated 17 per cent of motor vehicle fatalities related to sleep deprivation, it is important to remember to take a break every two hours if planning a long drive.

Make sure you pull over and enjoy a complimentary cup of tea and a snack with one of our volunteers.

VICSES provides the largest road rescue network in Australia, with specialist teams in 102 of our 149 units across the state.

Visit [www.ses.vic.gov.au/prepare/driver-reviver](http://www.ses.vic.gov.au/prepare/driver-reviver) for more details on site locations and operating hours throughout the state.

### Quotes attributable to VICSES North East Community Resilience Coordinator, Yvonne Berrie

*"The Driver Reviver program is great because it gives motorists an incentive, to take a break in a secure environment, grab a snack, rest and then get back on the road."*

*"We'd much rather serve you a cuppa at a Toll Driver Reviver rest stop, than cut you out of car."*

### For more information, contact:

VICSES State Media Duty Officer  
Phone: 1300 783 933  
Email: [media@ses.vic.gov.au](mailto:media@ses.vic.gov.au)

VICSES North East Office - Benalla  
Phone: 03 9256 9650  
Email: [northeast@ses.vic.gov.au](mailto:northeast@ses.vic.gov.au)